

At Cedar Hills, we believe being active and independent are key to a enjoying a healthy life.

We invite you to join our family.

Welcome Home



Stay connected and follow Cedar Hills on Facebook to discover the latest news about our senior living community.

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CedarHillsSeniorLiving.com

*Exceptional care
Extraordinary living
The care you need for
the life you love*





As one of the most experienced providers of senior care, Cedar Hills is located in the rolling hills of Cookeville, Tennessee. We provide Assisted Living for your loved one at an affordable price. Our community is thoughtfully designed to allow our residents to live the fullest life possible. We understand that every resident is unique which is why our team members focus on personalized care.

When you or someone you love needs help with daily activities such as bathing or dressing, there's no better place to be for assisted living where we strive to provide services to keep you healthy and active as you age.

Assisted Living Services Include

- Assistance with daily living needs (dressing, hygiene, etc.)
- Three meals daily
- Weekly housekeeping with linen service
- Residents can choose from a full calendar of activities, programs and events.
- Scheduled transportation
- Spacious suites with optional floorplans in a custom designed home-like environment with a diversity of suites
- Each room is designed to optimize independence and quality of life
- Comprehensive programming and activities are personalized to meet the needs of each resident
- Medication management with 24-hour emergency call system
- Complimentary in-home assessment and personal consultations
- Beauty salon/barber

Loving Life

- Cedar Hills is a place where residents enjoy all the comforts of home, along with companionship, convenience, and security.
- Our residents don't retire from anything except the worries of household maintenance and upkeep. Instead, they enjoy endless possibilities in a richer, fuller future.