

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			7:00 Morning Walk 1 10:30 Dominos Game 1:30 UNO Card Game <small>New Year's Day</small>	7:00 Morning Walk 2 10:30 Call out the answer 1:30 Prize Bingo	7:00 Morning Walk 3 10:30 What's the Word 1:30 Winter Craft	Lunch Menu Changes for 4 the week if you need help see a staff member 1:30 Bingo if available
Online Church Service if 5 available Puzzles in Parlor	7:00 Morning Walk 6 10:30 Bible Trivia 1:30 Exercise with Mallory	7:00 Morning Walk 7 11:00 Church 1:30 Bingo	7:00 Morning Walk 8 10:30 UNO Card Game 1:30 Drum Fun	7:00 Morning Walk 9 10:30 Connect 4 game 1:30 Prize Bingo with Amedisys Home Health	7:00 Morning Walk 10 10:30 Trivia 1:30 Bingo for fun	Lunch Menu Changes for 1 the week if you need help see a staff member 1:30 Bingo with Beth
Online Church Service if 12 available Puzzles in Parlor	7:00 Morning Walk 13 10:30 Color Painting 1:30 Exercise with Mallory 2:00 Social with Gentiva	7:00 Morning Walk 14 11:00 Church 1:30 Bingo	7:00 Morning WALK 15 10:30 Bing Bag Toss 1:30 UNO Card Game / Visit with Buddy The Dog	7:00 Morning Walk 16 10:30 Dominos Game 1:30 Prize Bingo	7:00 Morning Walk 17 10:30 Winter Craft 1:30 Bingo for fun	Lunch Menu Changes for 8 the week if you need help see a staff member 1:30 Bingo if available
Online Church Service if 19 available Puzzles in Parlor <small>Activity Professionals Week</small>	7:00 Morning Walk 20 10:00 Resident Council Meeting 1:30 Exercise with Mallory <small>Martin Luther King Jr. Day</small>	7:00 Morning Walk 21 11:00 Church 1:30 Bingo with Deconess Home Health	7:00 Morning Walk 22 10:30 UNO Card Game 1:30 Balloon Volley	7:00 Morning Walk 23 10:30 Drum Fun 1:30 Prize Bingo	7:00 Morning Walk 24 10:30 Trivia 1:30 Donuts and Coffee Social	Lunch Menu Changes for 25 the week if you need help see a staff member 1:30 Bingo with Beth
Online Church Service if 26 available 2:00 Grace Presbyterian Church <small>Australia Day (Observed)</small>	7:00 Morning Walk 27 10:30 Bible Trivia 1:00 Sonshine group from Monterey 1:30 Exercise Class	7:00 Morning Walk 28 11:00 Church 1:30 Bingo	7:00 Morning Walk 29 10:30 Dominos Game 1:30 UNO Card Game <small>Chinese New Year (Year of the Snake)</small>	7:00 Morning Walk 30 10:30 Parachute 1:30 Prize Bingo	7:00 Morning Walk 31 10:30 Movie and Popcorn 2:00 January Birthday Party	

CEDAR HILLS SENIOR LIVING ACTIVITY SCHEDULE