

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 Exercise 1 9:30 Hot Choc 10:30 Bingo 1:30 Nerf gun fight 2:30 Popsicles	9:00 Exercise 2 9:30 Hot Choc 10:30 Bingo 1:30 4th Celebration	9:00 Exercise 3 9:30 Hot Choc 10:30 Bingo 2:00 Regina Elliot Performance	9:00 Exercise 4 9:30 Coffee Social 10:00 Nail Painting 1:30 Bingo 2:30 Ice Cream Independence Day (U.S.)
Online Church 5 Service if available Puzzles in Parlor	9:00 Exercise 6 9:30 Hot Choc 10:30 Nature Walk 1:30 Bingo 2:30 Lemonade Social on the porch	9:00 Exercise 7 9:30 Hot Choc 11:00 Church 1:30 UNO Cards 2:30 Popsicles	9:00 Exercise 8 9:30 Hot Choc 10:30 Bingo 1:30 Crafts 2:30 Popsicles	9:00 Exercise 9 9:30 Hot Choc 10:30 UNO Cards 1:30 Granny Pants Game 2:30 Tea Social	9:00 Exercise 10 9:30 Hot Choc 10:30 Grab that cup 1:30 Bingo 2:30 Coca Cola Social	9:00 Exercise 11 9:30 Coffee Social 10:00 Nail Painting 1:30 Bingo 2:30 Outside Social
Online Church 12 Service if available Puzzles in Parlor	9:00 Exercise 13 9:30 Hot Choc 10:30 Nature Walk 1:30 Bingo 2:30 Lemonade Social on the porch	9:00 Exercise 14 9:30 Hot Choc 11:00 Church 1:30 Voting 2:30 Popsicles	9:00 Exercise 15 9:30 Hot Choc 10:30 Bingo 1:30 Buddy The Dog 2:00 Milkshakes	9:00 Exercise 16 9:30 Hot Choc 10:30 Dominoes 1:30 Crafts 2:30 Tea Social	9:00 Exercise 17 9:30 Hot Choc 10:30 UNO Cards 1:30 Bingo 2:30 Coca Cola Social	9:00 Exercise 18 9:30 Coffee Social 10:00 Nail Painting 1:30 Bingo 2:30 Outside Social
Online Church 19 Service if available Puzzles in Parlor	9:00 Exercise 20 9:30 Hot Choc 10:00 Resident Council 1:00 Sonshine Ladies 2:30 Lemonade	9:00 Exercise 21 9:30 Hot Choc 11:00 Church 1:30 Dominoes 2:30 Popsicles	9:00 Exercise 22 9:30 Hot Choc 10:30 Bingo 1:30 Corn Hole Game 2:30 Popsicles	9:00 Exercise 23 9:30 Hot Choc 10:30 Bingo 1:30 Popcorn and Movie	9:00 Exercise 24 9:30 Hot Choc 10:30 Nature Walk 1:30 Bingo 2:30 Coca Cola Social	9:00 Exercise 25 9:30 Coffee Social 10:30 Bingo 1:30 Nail Painting 2:30 Outside Social
Online Church 26 Service if available 2:00 Grace Presbyterian Church	9:00 Exercise 27 9:30 Hot Choc 10:30 Nature Walk 1:30 Bingo 2:30 Lemonade Social porch	9:00 Exercise 28 9:30 Hot Choc 11:00 Church 1:30 Board Game 2:30 Popsicles	9:00 Exercise 29 9:30 Hot Choc 10:30 Bingo 1:30 Games 2:30 Popsicles	9:00 Exercise 30 9:30 Hot Choc 10:30 UNO Cards 1:30 Shuffle Board Game 2:30 Tea Social	9:00 Exercise 31 9:30 Hot Choc 10:30 Guess the word Game 1:30 Bingo 2:30 Coca Cola Social	

Cedar Hills Senior Living Activity Schedule