

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00 Exercise 1 9:30 Hot Choc 11:00 Church 1:30 UNO Cards 2:30 Game Shows Fun	9:00 Exercise 2 9:30 Hot Choc 10:30 Bingo 1:30 Bowling 2:30 Popsicles	9:00 Exercise 3 9:30 Hot Choc 10:30 Balloon Volley 1:30 Dominos 2:30 Porch Social	9:00 Exercise 4 9:30 Hot Choc 10:30 Trivia 1:30 Prize Bingo 2:30 Coke Social	9:00 Exercise 5 9:30 Coffee Social 10:30 Nail Painting 1:30 Bingo
	9:00 Online 6 Church Service if available Puzzles in Parlor	9:00 Exercise 7 9:30 Hot Choc 10:30 Nature Walk 1:30 Bingo 2:30 Porch Social Labor Day	9:00 Exercise 9 9:30 Hot Choc 10:30 Bingo 1:30 MilkShakes	9:00 Exercise 10 9:30 Hot Choc 10:30 Board Games 1:30 Crafts 2:30 Porch Social	9:00 Exercise 11 9:30 Hot Choc 10:30 Guess the Word Game 1:30 Prize Bingo 2:30 Coke Social	9:00 Exercise 12 9:30 Coffee Social 10:30 Nail Painting 1:30 Bingo
	9:00 Online 13 Church Service if available Puzzles in Parlor Grandparents Day	9:00 Exercise 14 9:30 Hot Choc 10:30 Bingo 1:30 Afternoon Activities National assisted living week	9:00 Exercise 15 9:30 Hot Choc 11:00 Church 1:30 Afternoon Activities National assisted living week	9:00 Exercise 16 9:30 Hot Choc 10:30 Bingo 1:30 Afternoon Activities National assisted living week	9:00 Exercise 17 9:30 Hot Choc 10:30 UNO Cards 1:30 Disco Bingo National assisted living week	9:00 Exercise 18 9:30 Hot Choc 10:30 Nature Walk 1:30 Afternoon Activities National assisted living week
	9:00 Online 20 Church Service if available Puzzles in Media Room	9:00 Exercise 21 9:30 Hot Choc 10:00 Resident Council Meeting 1:00 Sonshine Ladies to sing Autumn Begins	9:00 Exercise 22 9:30 Hot Choc 11:00 Church 2:00 S'more Making by the fire pit Autumn Begins	9:00 Exercise 23 9:30 Hot Choc 10:30 Bingo 1:30 Crafts 2:30 Popsicles	9:00 Exercise 24 9:30 Hot Choc 10:30 UNO Cards 1:30 Movie and Popcorn	9:00 Exercise 25 9:30 Hot Choc 10:30 Dominos 1:30 Prize Bingo 2:30 Coke Social
9:00 Online 27 Church Service if available 2:00 Grace Presbyterian	9:00 Exercise 28 9:30 Hot Choc 10:30 Nature Walk 1:30 Bingo 2:30 Porch Social	9:00 Exercise 29 9:30 Hot Choc 10:00 Happy Tone 11:00 Church 1:30 UNO Cards	9:00 Exercise 30 9:30 Hot Choc 10:30 Bingo 1:30 Bowling 2:30 Popsicles			

CEDAR HILLS ACTIVITY SCHEDULE